



JAMES J. QUINN, JR.

## QUINN COMPLETES BASIC TRAINING

SAN ANTONIO — Airman James J. Quinn, Jr., son of Mr. and Mrs. James J. Quinn of 47 Harvey Johnson Drive, has completed basic training at Lackland AFB, Texas. He is now assigned as an administrative specialist with a unit of the Strategic Air Command at Whiteman AFB, Missouri. Airman Quinn, a 1965 graduate of Agawam High School, attended Andover Institute, Springfield, Mass.

## W. SPFLD. SAVINGS RECORD HIGH FIGURE IN ASSETS

WESTFIELD — Assets of the Westfield Savings Bank showed an increase of \$3,876,061 during the year ended December 31, 1967, to reach the record high figure of \$53,710,345, Arthur W. Knapp, president, told the semi-annual meeting of the board of trustees at the Sheraton Inn, Monday night. Henry F. Burrows, chairman of the board, presided.

The trustees declared dividends of 4-1/2 percent on regular savings accounts and 5 percent on special notice accounts. These dividends, payable on January 10, total \$1,035,000 and are the highest ever paid by the bank in a six-month period. Monday night's declaration brings the dividend paid to savers during the year to more than \$2 million. Mr. Knapp told the meeting that savings deposits on December 31 were at the record figure of \$46,957,299. The deposit increase for the past year was \$2,865,092, and for the last three months of the year the increase was \$1,060,286. Westfield Savings Bank has approximately 30,000 depositors.

Real estate loans on December 31 were also at an all-time high, the Westfield Savings Bank president said, totaling \$39,826,110. The increase in real estate loans was \$3,080,459 for the full year, and the increase for the three months preceding December 31 was \$1,356,369.

Mr. Knapp said the demand for mortgage loans remains "very high," and added: "Although mortgage money will continue to be relatively tight, I am confident there will be adequate funds for home mortgage financing."

He told the trustees that construction of the new Westfield Savings Bank office on Main Street in Agawam is continuing at a satisfactory rate and the office is scheduled to open for business some time in the early spring.

# THE AGAWAM NEWS INC.

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Vol. 16, No. 2

Agawam, Mass. - Thursday, January 11, 1968

5¢ per copy - \$1.00 per year

## ALA Backs Volpe On Car Insurance

BOSTON — The Automobile Legal Association said today that it strongly backs Gov. Volpe's determination to continue efforts to repeal Massachusetts' compulsory auto insurance system.

"The auto insurance companies reached by a legislative committee in the closing moments of the last session represents a feeble attempt to transplant a heart," Philip C. Thibodeau, ALA general manager, said.

"The committee is offering nothing more than to transplant a few vital elements, such as free competition and establishment of a fraudulent claims bureau, in an effort to keep alive the outmoded, discredited body of compulsory auto insurance," Thibodeau said.

"The ALA firmly believes that the best solution to the Bay State's auto insurance dilemma is repeal of the compulsory system and adoption of a financial responsibility system as advocated by the governor," he said.

## Living History In Classroom

Western Mass. Electric Co. announced today that its award-winning Screen News Digest film service to 71 schools in Western Massachusetts will release this month its first full-length color motion picture.

Charles R. Dunklee, WMECO community relations coordinator, said, "This adds a new dimension to our established program of presenting living history in the classroom, and symbolizes the determination to further enrich an educational film program that is already the most honored service of its kind in the educational field."

He said that the color issue, titled, "We, the People," is a graphic study of the ways and workings of the federal government, and that the subject matter had been specifically selected for classroom utilization.

Exclusive motion pictures were made at Independence Hall, the Capitol, the White House and the Supreme Court. Special permission was sought and received, Dunklee said, to photograph a Presidential cabinet meeting, a session of Congress and in the chambers of the Supreme Court.

Screen News Digest is seen by more than 5 million students in the country through the courtesy of some 200 companies including WMECO.

I can resist everything except temptation. Oscar Wilde

## NEW MINIMUM WAGE REQUIREMENTS IN MASS.

In accordance with the provisions of Chapter 679 of the Acts of 1966, Commissioner Rocco Alberto has issued the following mandatory order:

On February 1, 1968, the minimum wage for employees within the scope of the Massachusetts Minimum Fair Wage Law (G.L., Ch. 151, as amended) will advance from \$1.40 per hour to \$1.60 per hour. This change will affect the service industries under mandatory minimum wage orders covering occupations in the following business establishments: clerical, technical and similar occupations; dry cleaning and laundry establishments; mercantile operations - both retail and wholesale; and personal services establishments - including beauty shops, barber shops, physical conditioning and weight control salons, etc.

In the amusement and recreation occupations, the \$1.60 rate will apply to employees other than ushers, ticket takers, and ticket sellers, whose minimum fair wage rates shall not be below \$1.00 per hour.

In the building service occupations the \$1.60 rate will apply to employees other than those who are furnished with living quarters and whose basic work week is twenty-eight hours or more. Such employees shall be paid a wage of not less than \$36.00 per week.

In public housekeeping occupations, the \$1.60 minimum rate will apply to those employees who do not customarily receive gratuities. In the case of employees who DO customarily receive gratuities the minimum will remain at the 93¢ hourly rate.

Employees engaged in manufacturing occupations, whether in the production of goods for interstate or intra-state commerce must, as of February 1, 1968, be paid \$1.60 per hour.

Section 1-A of the Massachusetts Minimum Fair Wage Law provides that employees shall, with certain exceptions, receive one and one-half times their regular rate of pay for each hour worked in excess of forty hours per week.

Chapter 718 (Sections 6, 7, and 10) of the Acts of 1967, requires that employees engaged in agriculture and farming shall receive not less than \$1.35 per hour as of February 1, 1968. These occupations are exempted from overtime pay. Chapter 718 does not apply to members of the employer's immediate family.

For further information please contact the Minimum Wage Office, 100 Cambridge Street, 11th Floor, Boston, Mass. 02202.

## Agawam Adult Education Program To Conduct Tax Course

An income tax course will begin on Wednesday, January 17, at 8:30 p.m. at the senior high school. The course will run for five weeks with the emphasis on the preparation of individual federal and state income tax. The course will cover exemptions and dependents, pensions and annuities, dividends, capital gains, sale of personal residence, medical and other deductions.

The course will be taught for the second year by Mr. Rudy Altobelli, a tax consultant for a National Income Tax Corporation and a member of the Adult Education staff. A registration fee will be accepted at the first class.

## FOUR FEDERAL PROGRAMS PROVIDE COLLEGE FINANCIAL ASSISTANCE

Massachusetts high school seniors planning college were given a double reminder today that they should apply for admission now and check into financial help available under one or several of four federally-supported programs.

This advice came from Dr. Eino A. Johnson, director of higher education for Region 1 of the U. S. Department of Health, Education and Welfare (HEW). The region includes Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island and Vermont.

It is estimated that this year in New England some 50,000 students are receiving a total of \$54 million through four programs administered by the U. S. Office of Education, an operating agency of HEW.

Throughout the nation during this academic year, more than a million students are receiving assistance totaling over a billion dollars through the programs.

Dr. Johnson pointed out that federally-supported programs of loans, grants and jobs are available through the colleges, but that many students are either unaware of them or do not realize that they should apply for them as soon as possible.

A student who needs financial assistance should apply to the financial aid officer at the college of his choice for any help for which he may be eligible.

"The financial aid officer at a college frequently will be put together a 'package' of aids for financially needy students," Dr. Johnson said. "Early planning helps the student know just where he stands, and it helps the college plan wise use of its resources for students."

The four major federally supported programs, available for students in any field of study, are: The National Defense Student Loan Program, the College Work-Study Program, the Educational Opportunity Grants Program, and the Guaranteed Loan Program.

### NATIONAL DEFENSE STUDENT LOAN PROGRAM

Most colleges and universities participate in the National Defense Student Loan Program, under which students borrow directly from the college they are attending. This loan program was the first federally supported effort through the U. S. Office of Education to assist an individual student pay college expenses. Since the beginning of the program, authorized by 1958 legislation, more than a million students have borrowed over \$1 billion. In Massachusetts about 17,400 students are borrowing about \$7.3 million this year to help pay college expenses. Institutions provide \$1 in matching funds for every \$9 in federal funds.

An undergraduate student may borrow up to \$1,000 each academic year to a total of \$5,000. Graduate students may borrow as much as \$2,500 a year. The maximum for both graduate and undergraduate education is \$10,000. Repayment and interest do not begin until after the student has ended his studies and may be extended over a 10-year period. Borrowers who become teachers may have all or part of their debt cancelled.

### COLLEGE WORK-STUDY PROGRAM

The federal government's next major forward move for students came with the College Work-Study Program authorized by the Economic Opportunity Act of 1964. Any student who needs a job to help pay college costs is eligible to participate.

This academic year some \$6 million in federal funds has been allocated to provide employment for about 11,000 students in Massachusetts. Federal funds pay 85 percent of the wages of student employees, and the colleges pay the rest.

Students may work for their college in dining halls, laboratories, or libraries, or in any job that advances the purposes of the college. Or they may work off-campus in public or nonprofit organizations, such as those in health, education, welfare or recreation. Generally, students may work an average of 15 hours a week while attending classes full time and 40 hours a week during summer or other vacation periods.

### EDUCATIONAL OPPORTUNITY GRANTS

The Educational Opportunity Grants Program, which began operation in the fall of 1966 under the Higher Education Act of 1965, provides outright grants from colleges to students in such extreme financial need that without the grants they could not attend college. The grants range from \$200 to \$800 a year.

During the academic year about 7,700 students in Massachusetts will receive grants totaling approximately \$4.1 million. Colleges are required to match educational opportunity grants with other forms of student assistance.

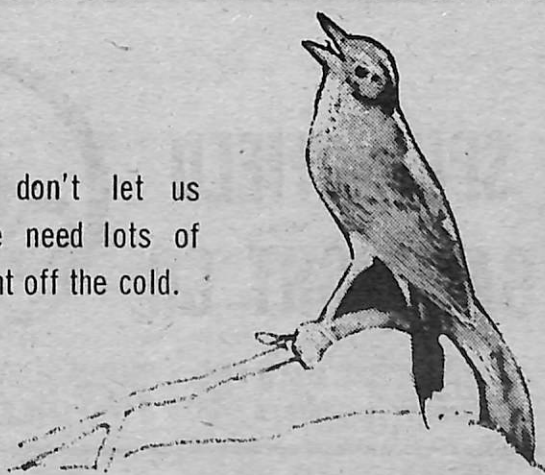
### INSURED LOAN PROGRAMS

The Higher Education Act of 1965 also authorized a loan program for college students. The National Vocational Student Loan Insurance Act of 1965 authorized a similar program of borrowing for students in business, trade, technical, or other vocational schools.

Under these programs students borrow directly from their bank, credit union, savings and loan association, or other eligible lender. If a student's adjusted family income is less than \$15,000

(Continued on page 3)

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Published Every Thursday

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**EVENING COURSE TO BEGIN IN LONGMEADOW**

Adult Comprehension and Speed Reading Skills will begin Monday, January 15th, at Longmeadow Senior High School, Grassy Gutter Rd. The course is limited to 20 students. The course will include intensive reading practices for understanding and speed. Reading drills will be given. Study techniques will be discussed, ranging from general reading to research reading techniques, as well as vocabulary enrichment skills. The course will meet for 12 weeks from 7:00 to 9:00 p.m.

Investments will begin Tuesday, January 16th, at Center School Annex, 811 Longmeadow St. The course will meet from 7:30 to 9:30 p.m. for six weeks.

Spanish II will begin Monday, January 22nd, at Center School

Annex. The course will meet from 7:00 to 9:00 p.m. for 12 weeks and is open to students who have had some elementary Spanish or the equivalent.

Colonial Metal Crafts will begin Wednesday, January 17th, at Longmeadow Junior High School, Woolworth St. The course is limited to 20 students. The objective of the course will be to learn to use today's modern basic tools to produce simple reproductions of metal articles commonly turned out by the craftsmen of old New England. The course will meet for 12 weeks from 7:30 to 9:30 p.m.

Prep. for Real Estate Broker's License will begin Monday, February 5th, at Center School, 837 Longmeadow St. The major part of this course will be devoted to a study of Real Estate Law. There will be a trial examination toward the end of the course so

that class members may test their ability to answer questions similar to those included on the state examination. Attorney Thomas A. Buckley will conduct the course which will meet from 7:30 to 9:30 p.m. for 12 weeks.

Registration will take place the first three sessions of class. Veterans who are residents of Massachusetts and senior citizens (over 65 years of age) may qualify for free enrollment.

Further information may be obtained by contacting Bureau of Adult Education, 235 Chestnut Street, Springfield, Te. 737-4716.

**Catholic Women Have Decorating Theme For Meeting of Jan. 15**

On Monday, January 15th, the Catholic Women's Club of Agawam will hold their first meeting of the new year in St. John's Hall at 8:30 p.m. Mr. Alvic C. Chase, owner of the Chase House of Decor, Inc. of Springfield, will present a program on "Decorating for Middle Income Families," after which a question period will follow.

Mr. Chase, a graduate of the Business and Art School in Pisk, Poland, and of the New York School of Interior Design in New York City, has served Springfield and surrounding area residents in the capacity of interior designer for the past 20 years.

With other members of the National Society of Interior Design, Mr. Chase participated in the complete redesigning and refurbishing of the famous East Diplomatic Wing in the White House, and by personal invitation visited Mrs. John F. Kennedy on October 5, 1961.

Mr. Chase is chairman of the board of the New England Chapter of the National Society of Interior Designers.

Mrs. John Glogowski is chairman of the evening's program. In charge of hostesses will be Mrs. Edgar Wilson assisted by: Mrs. Charles Beshaw, Mrs. Alfred Dugan, Mrs. Herbert Fuller, Mrs. Bruno Grabowski, Mrs. Bernard LeDuc, Mrs. Henry Madden, Mrs. Francis Sloboda, Mrs. Bernard Tatro, and Mrs. Patrick Vassallo.

**FLOWER SHOW SEES BIG BEAUTY PAGEANT AHEAD**

"There's a strong possibility the 17th annual American Beauty Pageant will be the largest ever," according to James H. Denver, president of the Connecticut Valley Horticultural Society. The pageant is one of the major highlights of the Connecticut Valley Flower Show, sponsored by the society, Feb. 22-27, in the Better Living Center, Eastern States Exposition.

Denver said, "Since the Miss Springfield Pageant has been discontinued, we have had several applications for young ladies in the City of Homes." The Springfield Junior Chamber of Commerce earlier voted not to sponsor a Miss Springfield contest this year.

Winner of the Flower Show's American Beauty Pageant will receive an all-expense paid trip

to Bermuda for two by air. Unlike the Miss Springfield contest, the American Beauty Pageant does not have a talent section. "The only talent required," Denver said, "is that the young lady have a personality dominant enough to capture the fancy of the three judges."

The record number of entrants in the American Beauty Pageant took place in 1962 when 71 young ladies took part. Entrants must be 16 years of age or older. Application forms are available from members of the Connecticut Valley Horticultural Society, at floral shops and landscapers throughout the valley, or may be obtained by contacting the Flower Show Office by mail, Post Office Box 1275, Springfield, Mass. 01101.

Last year's winner was Miss Vicki Principal, a student at Chicopee Comprehensive High School, from Westover Air Force Base.

**Mass. Ends 1967 With Cash Balance of \$90 Million**

Massachusetts had a cash balance in excess of \$90 million at the end of calendar 1967, which also marked the end of the first half of fiscal 1968, State Treasurer Robert Q. Crane announced today.

In reporting a cash balance of \$90,235,086.30 on December 31st, State Treasurer Crane noted that this was \$11 million more than

the November cash balance of \$78,736,352.16.

Treasurer Crane's latest monthly report on the Commonwealth's finances shows total receipts for December of \$279,412,094.87 and total disbursements for the month of \$267,913,360.73.

The State Treasurer also reports that Massachusetts' bonded indebtedness is still over the one billion dollar mark. As of January 1, 1968, Treasurer Crane states, Massachusetts' bonded indebtedness was \$1,030,045,000 while a year ago it was \$950,476,000.

The boy in the long pants got on the streetcar for a dime. The boy in the short pants got on for 5 cents. The pretty girl got on for nothing - she had a transfer.

- Mainsheet, Bainbridge.



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# Walk Extra Mile To Lose Weight

Want to lose ten pounds in the next year?

One way you can do it is to walk an extra mile every day.

The American Medical Association's home health book, Today's Health Guide, reports that a walk of just an extra mile per day for 36 days is a "simple, pleasant device for shedding an extra pound of fat." In a year this would mount up to about ten pounds. The extra mile means just that—a mile of walking in addition to the customary walking you now do each day.

Once regarded as a major factor in losing weight, physical activity was later accorded less importance. It was realized that considerable effort was required to shed even one pound of extra tissue. Would-be reducers found comfort in some expert opinion that calories expended through exercise would be immediately replaced, due to an automatic increase in appetite.

Fortunately for fitness as well as for fatness, exercise has been restored to grace and enjoys respectability. Exercise helps expend calories; within the usual range of activity, it need not stimulate appetite excessively. The energy output required to offset a pound of fat is approximately 3,500 calories, but the weight need not be lost all at once.

Instead of the exhausting, often impossible, 36-mile hike within a span of hours, a walk of just one extra mile a day for 36 days will get rid of that extra

pound. Weight gain usually is relatively slow, and the extra mile will—for most of us—help keep our weight down to a reasonable figure.

Exercise also furthers physical, mental, psychological, and social fitness. It provides an outlet



for emotional tensions, promotes self-confidence, wholesome social activity, and good sportsmanship. It enhances the sense of general well-being that enables us to confront and master a reducing regimen.

To be effective for both weight reduction and for general physical conditioning, exercise must be a regular part of your way of life, and not something that is overdone spasmodically.

So, if you want to lose ten pounds in the next year, just arrange to walk that extra mile today.

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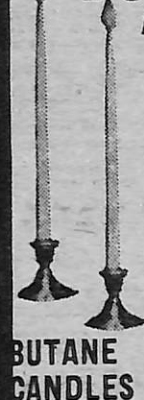
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## SCHOOL MENUS

JAN. 15 - 19

### PHELPS SCHOOL

MON.: ju., gril, frkfrt, on but, roll, rel. & must., but, grn, bns., apl, crisp; TUES.: ju., chop hmb, on wat, roll, pot, stix, but, corn, pnapl, tdbts.; WED.: ju., mtbl, grnd, cab, sal, pnapl, updw, ck.; THURS.: turk, cas, w/nood, tos, grn, sal, b&b, orng, wedg.; FRI.: tom, sp., gril, chse, sand, but, car., apl.

### GRANGER SCHOOL

MON.: ju., frkfrt, on but, bun, rel, & must., pot, chips, but, beets, slic, pears; TUES.: spagh, w/mt, & tom, sc., but, wax bns., pean, but, sand, apl.; WED.: ju., mtbl, grnd, chse, flng, but, grn, bns., frtd, spic, ck.; THURS.: ju., rst, turk, in grvy, mash, pot, peas & car, b&b, frt.; FRI.: ju., tuna fish sbts, chse, wedg., pean, but, sand, whole kern, corn, rspry, sq.

### DANAHY SCHOOL

MON.: ju., hmbg, w/but, roll, cat, corn & peas, prn, spic, ck, w/top.; TUES.: chick, rice sp, w/veg., slic, mt, sand, car., & cel, stix, orng, blos, ck.; WED.: bak, nood, w/mt, & tom, sc, & chse, grn, bns., b&b, pnapl, chnks.; THURS.: mash, pot, mtbl, w/brwn, grvy, slic, car., b&b, frt, cup; FRI.: ju., tuna sbts, tos, sal, pot, chips, rasn, sbts.

### SO. ELEMENTARY SCHOOL

MON.: cit, ju., hmbg, grvy, on mash, pot, but, car., pean, but, on rye brd, pnapl, tdbts.; TUES.: crnbry, ju., cold cut grnd, (mt, chse, let.), oven frd, pot, cit, frt, cup; WED.: bak, shel, mac, w/mt, & tom, sc., (gratd).



Harvey E. Lebeau, Reg. Ph.

Man has been walking for millions of years but each step is a potential catastrophe. A step thrusts the body from a state of balanced equilibrium to fleeting instability. Only the action of the muscles keeps the walker from falling on his face. In other words, walking is one controlled fall after another. Some walkers live more dangerously than others. Why did walking evolve? Anthropologists say it primarily was an adaptation for covering long distances economically, particularly so after man became a hunter. Bipedalism freed the hands so food could be readily carried from one place to another without having to be consumed on the spot. Walking is really a complicated process — so don't take it for granted!

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HELPFUL HINT: Here's the answer to waxing floors! Use a paint roller. You can even attach an old broom handle to it and eliminate stooping.

## WESTERN New England COLLEGE

SECOND SEMESTER EVENING SCHOOL REGISTRATION DATES

January 15-19

Monday — Friday,

9 a.m. - 4:30 p.m., 6:30 - 8:30 p.m.

SCHOOL OF BUSINESS ADMINISTRATION

MASTER OF BUSINESS ADMINISTRATION PROGRAM

SCHOOL OF ENGINEERING

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chse.), but, Vienna brd, frt, slaw sal, orng, Jello w/top.; THURS.: bak, lunch, lf., glaz, swt, pot, but, mix, veg., but, bisc., choc, ck.; FRI.: cream, tom, sp., tstd, chse, sand, cab, sal, cel, stix, frsh, orng., cook.

### ROBINSON PARK SCHOOL

MON.: Italian spagh, w/mt, & tom, sc., cab, & car, sal, b&b, slic, peach.; TUES.: orng, ju., hmbg, on but, bun, cat, but, grn, bns., chse, stix, white ck, w/pn, apl, cream; WED.: tom, sp., turk, sal, sand, raw veg, cook, w/frsh, frt.; THURS.: hmbg, grvy, on mash, pot, but, spin, b&b, frtd, Jello w/top.; FRI.: cit, ju., tuna fish sal, sand, pean, but, sand, pot, chips, tos, grn, sal, des.

### PEIRCE SCHOOL

MON.: chick, rice sp, w/tom, chop, mt, sal, sand, car, stix, chse, cube, slic, peach.; TUES.: hmbg, w/brwn, grvy, whip, pot, but, grn, bns., pean, but, sand, grprt, sec.; WED.: orng, ju., bf, pot pie w/bisc, top., slic, beets, b&b, white ck, w/choc, sc.; THURS.: spagh, w/tom, & mt, sc., but, peas, chse, or pean, but, sand, apl, crisp; FRI.: oven bak, fish ck, bak, bns., mix, veg., pean, but, sand, orng, coffee ck.

### JUNIOR HIGH SCHOOL

MON.: hmbg, & grvy, mash, pot, but, broc, choc, pud, b&b; TUES.: ju., chop, hm, w/wat, roll, tos, sal, pot, chips, pnapl, chnks.; WED.: ju., hot rst, bf, sand, French fries, strwbry, shrtck; THURS.: ju., hmbg, on bun, cand, swt, pot, pean, but, sand, frt, cup; FRI.: ju., gril chse, sand, cab, & car, sal, but, ck, w/bibrs.

### HIGH SCHOOL

MON.: orng, ju., bak, lunch, lof, glaz, swt, pot, but, grn, peas, din, rolls w/but, choc, ck, w/but, ic.; TUES.: elb, mac, w/tom, & mt, sc., but, grn, bns., b&b, frt, cocktl.; WED.: orng, ju., cold cut grnd, (lunch, mt, bol, chse.), slic, tom, & let, pean, but, sand, prn, spic, ck, w/but, ic.; THURS.: Yankee pot rst, in grvy, mash, pot, but, broc, b&b, choc, pud, w/top.; FRI.: orng, ju., tuna sal, sbt, gard, sal, w/spin, grns, pean, but, sand, pnapl, updw, ck.

MILK SERVED AT ALL MEALS

## Bargains For Budget and Nutrition

Dry beans and their close cousins, the dry peas and lentils are food bargains, budgetwise and nutritionwise.

All are low cost items containing substantial amounts of the B vitamins, calcium, iron, and protein.

For this reason these products may occasionally be substituted for part of the meat in your meals to help stretch the budget. One pound of the dry food will generally yield 7 to 9 servings.

Beans and whole peas need soaking before cooking while split peas and lentils do not. Preserve the vitamins and minerals by using the same water for cooking, says Gisela Pass, Extension Home Economist with the Hampden County Extension Service.

### BEAN - SAUSAGE CASSEROLE

(3/4 pound dry beans)  
4 cs, cooked beans  
1 medium onion, chopped fine  
1 tsp, mustard

anyone to finish last-5 monthly payments of \$8.00 on 1967 sewing machine (never used)  
733-1002

1/4 tsp, pepper  
1 c, tomatoes  
1/2 lb, sausage meat  
1/2 tsp, salt

Mix the dry mustard, salt, and pepper, sprinkle them over the beans and stir them in with the onion. Put the mixture into a greased casserole, add the tomato, and top with the flattened cakes of sausage. Bake in a moderate oven (350 degrees F.) for about 1 hour, or until the sausage is browned. For even cooking, turn the sausage cakes over at the end of one-half hour.

### SPLIT PEA OR LENTIL SOUP

1 c, dry split peas or lentils  
6 cs, boiling water  
ham bone  
1 small onion, chopped  
Salt and pepper

Add peas or lentils to the water with ham bone and onion. Boil gently about 3 hours — until of consistency desired for soup. Remove ham bone. If lentils are used, press soup through a coarse sieve to remove skins. Chop meat from bone and return it to the soup. Season and reheat. Makes 4 servings. If there is little or no meat from the bone, garnish bowls of soup with thin slices of frankfurters or bologna.

### POLYNESIAN BEANS

1/4 c, chopped green pepper  
1/4 c, chopped onion  
1/8 tsp, ground ginger  
1 tbs, butter  
1 can (1 pound) beans & ground beef in barbecue sauce  
1/2 c, drained pineapple tidbits

Cook green pepper, onion, and ginger in butter until vegetables are tender; add remaining ingredients. Heat; stir now and then. Makes 2 to 3 servings.

## fun for everyone SQUARE DANCE

By Beryl and Doug Shaylor

Friday night, January 12th, the Agawam Promenaders will welcome in the new year with a dance scheduled at the Robinson Park School. Guest caller will be Agawam's own Dick Mastroianni. Dick, who first started dancing with the Promenaders too many years ago to mention, is one of the areas most popular M.C.'s.

We are looking forward to squaring them up once again with Dick and his vivacious wife, Winnie.

AGAWAM PROMENADERS BEWARE!!! The "Night Riders" have struck again!!! Reports are trickling in from many areas of their latest foul deeds. Reports have it that this demented group of Promenaders take malicious delight in dropping in unannounced late at night upon unsuspecting fellow members sensible enough to retire at a decent hour. Take in the welcome mat and lock your door — you might be next on their list.

At the Promenaders' last meeting in '67, the following officers were elected: Charles and Rosemarie Nathan, secretary; Bob and Mary Adams, treasurer; Dale and Scottie Mushrush, refreshments; and Doug and Beryl Shaylor, publicity.

## Malone's

Farm and Garden Center  
338 Silver St., Agawam  
Winter Potatoes  
Bird Seed - Feed

FREE

learner permit class for adults



Driver education class starting for high school students - Mon., Jan. 15 Register now! PLEASE CALL FOR PROMPT, COURTEOUS INFORMATION

WINCHESTER AUTO SCHOOL

190 STATE ST. RE 9-2533

Our special thanks to the outgoing officers who have done such an outstanding job over the past year Bob and Maddy Dugan, Al and Elaine Taupier and Carl and Fran Link.

## Agawam YMCA Annual

### Smorgasbord January 13

The Agawam YMCA will again sponsor their annual smorgasbord Saturday, January 13th, from 5 to 7 p.m. This will be a continuous serving with a variety of foods. The smorgasbord will be held at the junior high school cafeteria and there is plenty of free parking in the rear of the school.

Mr. Nicholas Zucco of 395 Suffolk Street is the chairman of this event and is well-known for the fine meals that he has put on in the past and at the Agawam YMCA chicken barbecue. Ticket chairman is Mr. Paul Adams, Jr. Tickets may be purchased at the YMCA office, from YMCA board members or at the door at the junior high school. This is a family supper and friends and relatives are invited.

Mario Sakellis, executive director of the YMCA, announced that Friday night's family swim at the West Springfield YMCA pool will be extended from 7:30 to 9:30 p.m. for those families who cannot get there early. This program is open to Agawam Y families and is held every Friday. For further information call 733-9676.

Sakellis said that the Booster Club will meet on Sunday after-

No pictures will be returned unless accompanied by stamped, self-addressed envelope.

noon at 1 p.m. to go and see the Jungle Book. Mr. Robert Cogswell, who is the leader for the club, will go with them. For further information call the Agawam YMCA.

## FOUR FEDERAL

(Continued from page 1)

a year, the federal government pays the entire interest (6 percent) during his school years and half the interest (3 percent) during the repayment period, which begins nine months to a year after studies are terminated and may extend up to 10 years for college loans, six years for vocational loans. Lenders are protected against loss by a state agency, a private nonprofit agency designated by the state, or by the federal government.

During the first quarter of the current fiscal year (July, August, and September 1967) some 10,400 students in Massachusetts borrowed about \$9.9 million under this program.

Dr. Johnson noted that during the ten years tuition and fees alone have increased nearly 50 percent for public colleges, and over 95 percent for private colleges. Today it costs students an average of \$1,068 a year, including living costs, to attend public colleges and \$2,222 a year to attend private colleges.

"This assistance to students arrives on the American educational scene none too soon," he said.

## BEAUTIFUL and INTERESTING LAMPS

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WE CLEAN, CUT, COLOR-RESTORE, STYLE AND SET ALL HAIR

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## MASS. SPORTSMEN'S AND BOAT SHOW

Eastern States Exposition Grounds, West Springfield

JANUARY 19-21, 1968

Non Taxable

This Pass Must be Surrendered at Door

HOURS:

JAN. 19 5:30 - 10:30

JAN. 20 10:00 - 10:30

JAN. 21 1:00 - 8:30



## Activities at the 'Y'

### CLASSES START

Mario Sakellis, executive director of the Agawam YMCA, announced today that women's exercise classes have started again on Wednesdays from 7:30-9:00 p.m. at Robinson Park School. These are open to women who are interested in exercises and volleyball. Mrs. Jennie Lukas is the supervisor for this group.

### REGISTRATION FOR GYM

### CLASSES STILL OPEN

Mr. Sakellis also announced that registrations are still open for the grade school boys and girls' gym classes on Saturday mornings. These are held at the high school gym. However, this Saturday, because of college boards the gym classes will be held at South Street Elementary School. To register your boys and girls (grades 1-6), call the Agawam YMCA.

### ACTIVITIES AT THE "Y"

Thursday, January 11th - There will be a meeting of the smorgasbord committee at the Agawam YMCA Activities Room in the evening. Those involved will be notified. Nick Zucco is the chairman of this affair. Over 3,000 flyers for the smorgasbord have been mailed or sent out to the town residents. This year's smorgasbord promises to be the best yet. It will be held at the junior high school, 5:00 to 7:00 p.m.

Mario Sakellis, executive director, will be at the Feeding Hills Congregational Church to speak to interested fathers about the new YMCA Indian Guide Program. He will be there from 7:00-8:00 p.m. A film and slide on the program will be presented.

Friday - January 12th - Every Friday evening there is an Agawam YMCA Family Swim at the West Springfield YMCA. This swim is now extended and families may go from 7:30 - 9:30. A lifeguard is on duty at this time. Parents must accompany their own children.

Saturday - January 13th - Saturday morning gym class for boys and girls will be held at South Street Elementary School this week only, because the Agawam High School is being used by the students for college board exams. Any boys and girls, grades 1 through 6 who have not signed up yet, may do so this Saturday or at the YMCA office, 108 Perry Lane.

Saturday afternoons at the "Y"-movies from 2:00 - 3:30 will again be held this Saturday at the "Y" Activities Room. This week's feature is Alaska Patrol and the 2nd part of the serial "Burn-Um-Up Barnes." Cost for this is 50¢ per youngster.

Saturday Evening - there will be the annual smorgasbord at the junior high school from 5-7 p.m. This is open to all who wish to attend.

## SPORTSMAN'S SHOW AT EXPO PARK JAN. 19-21

The Massachusetts Sportsmen's and Boat Show scheduled for Jan. 19 - 21 at the Better Living Building, Exposition Park, West Springfield, Mass. is shaping up to be one of the Outdoor Spectaculars in 1968.

The recreation minded public will be introduced to the 1968 line of travel trailers and campers. Many dealers will be displaying their latest lines in the show. Berkshire Trailer Sales, Travel Town, Lambert, Valley Campers, Gotta's Trailer Sales, Holiday Rambler, Norris Campers, Hill Top Campers, Cox Camper and Earl Trailer Sales, will present such prominent brand names as Frolic, Bee-Line, Wheel Camper, Scotty, Silver Eagle, Star Craft, Shasta, Apache and Layton.

This is not all . . . for the fishermen and water skier, eight marina dealers will have on the floor the following boats and motors: Silver Tone, Feathercraft, Revelcraft, MFG, Trusan, Larson, Glastron, Mark Twain, Clark Craft, Thompson, Gruman with Mercury, Johnson, Evinrude and Chrysler motors. Along with the boat and motor displays, skimo-biles will be presented to the "snow buff." Famous lines such as Skeeter, Artic Cat, Panther, Mercury, AMF and Polaris will dominate the floor.

The West Springfield High School, West Springfield, Mass., conservation class, under the supervision of teacher, Miss Lemieux, will present a self-constructed vacation cabin to the outdoor public.

The Hampshire County League of Sportsmen will construct 16 booths projecting the outdoors in fishing, hunting and camping themes along with the 30 booths of the Hampden County Council of Sportsmen Clubs. A new conservation story will be told by University of Massachusetts students.

The Massachusetts Sportsmen's and Boat Show is the first show of the year in Western Massachusetts, and from all "earmarks" will be the largest and most interesting "Outdoor Show of the Year."

## JR. WOMEN MEETING SET FOR JANUARY 16

Agawam Jr. Women's Club will hold a joint meeting with the Ramopogue Jr. Women's Club, Tuesday evening, January 16, 8 p.m. at the Captain Charles Leonard House in Agawam. The business meetings will be conducted by the presidents of each club, Mrs. Louis Mercadante, Agawam Junior and Mrs. Gary Lockwood, Ramopogue Juniors. A short film will be shown on the General Federation convention held in San Francisco last year.

Honored guest of the evening will be representatives of the Mass. State Federation of Women's Clubs, Mrs. Clarence Work, president; Mrs. Richard Averill, director of Junior memberships; and Mrs. Paul Congdon, 3rd, vice-president and counselor to Junior membership.

Fun night will be the theme of the evening. Mrs. Douglas Kerr, program chairman for the Agawam Juniors, and Mrs. Gordon Meron, program chairman for the Ramopogue Juniors, will conduct the affair. Mrs. Donald Lavolette will be the commentator of the evening. Mrs. George Rosner, refreshment hostess, and her committee will serve.

Wisdom is the art of proportion.

MARCH OF DIMES SUPPORTS TREATMENT CENTERS AT MORE THAN 90 OF THE NATION'S FINEST HOSPITALS IN ITS FIGHT AGAINST BIRTH DEFECTS.



## Legal Notices

COMMONWEALTH OF MASSACHUSETTS  
Hampden ss Probate Court  
To all persons interested in the estate of CATHERINE E. PRENTISS late of Agawam in said County, deceased.  
The special administrator of the estate of said CATHERINE E. PRENTISS has presented to said Court for allowance his first and final account.  
If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the twenty-third day of January 1968, the return day of this citation.  
Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this twentieth day of December 1967.  
JOHN J. LYONS, Register  
Jan. 4, 11, 18.

COMMONWEALTH OF MASSACHUSETTS  
Hampden ss Probate Court  
To all persons interested in the estate of CATHERINE E. PRENTISS late of Agawam in said County, deceased.  
The special administrator of the estate of said CATHERINE E. PRENTISS has presented to said Court for allowance his first and final account.  
If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the ninth day of February 1968, the return day of this citation.  
Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this eighth day of January 1968.  
JOHN J. LYONS, Register  
Jan. 18, 25.

COMMONWEALTH OF MASSACHUSETTS  
Hampden ss Probate Court  
To all persons interested in the estate of CATHERINE H. CARLTON of Agawam in said County, a person under conservatorship.  
The conservator of the property of said CATHERINE H. CARLTON has presented to said Court his third account for allowance.  
If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the sixth day of February 1968, the return day of this citation.  
Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this third day of January 1968.  
JOHN J. LYONS, Register  
Jan. 18, 25.

COMMONWEALTH OF MASSACHUSETTS  
Hampden ss Probate Court  
To all persons interested in the estate of MELINA D. CARDONE late of Agawam, in said County, deceased, testate.  
A petition has been presented to said Court for license to sell - at private sale - certain real estate of said deceased, - and that the petitioner may become the purchaser of said real estate.  
If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the second day of February 1968, the return day of this citation.  
Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this third day of January 1968.  
JOHN J. LYONS, Register  
Jan. 18, 25.

# THIS WEEK

## OUR DEPOSITORS RECEIVE DIVIDENDS AMOUNTING TO

# \$1,035,000.00

## BRINGING THE YEAR'S TOTAL TO MORE THAN

# \$2,000,000.00

### CURRENT DIVIDEND RATES

**4 1/2% - REGULAR SAVINGS ACCOUNTS**

**5% - SPECIAL NOTICE ACCOUNTS**

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